Being a parent is hard. None of us can do it all on our own.

We all need support to raise safe, healthy and happy kids.

SafeCare® Colorado gives parents tools, information and a trusted partner to help make parenting easier, less stressful, and more fun. SafeCare Colorado is a free, voluntary parent support program. Parents get connected with a SafeCare provider, who visits you at your home — or meets with you online — once a week.

**Home Safety**
- Do you need help to make your home safer for your child?
- Do you know everything in your home that could be dangerous? Learn how to make your home safer and get the child-proofing tools to do it like baby gates and cabinet locks.

**Child Health**
- Do you know what to do when your child gets sick?
- SafeCare Colorado helps you understand common illnesses, learn how to care for your child at home, and know when it’s time to go to the doctor or the ER.

**Parent-Child Relationship**
- Unsure how to respond when your child won’t listen?
- Is bedtime always a fight? Get support and learn new and helpful ways to create routines, have less negative behavior, and more positive behavior.

SAFE CARE COLORADO
Every Family Deserves Support